



CHIP Chat



Volume IX, Issue 1

January 2011

Editor:
Peggy West

Special Edition

♥ **CHIP** ALUMNI ASSOCIATION ♥

♥ **Tuesday / January 11 / 6:30 p.m.** ♥

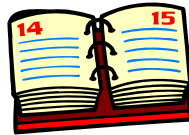
Chili Cook-off.

Bring your best chili with your recipe to share with fellow **CHIP**pers. First Place gets Walmart Gift Card.

Dr. Brad Emde presents:

How Lifestyle Choices Impact Eye Health.

Save the Dates!



The next **CHIP** Seminar will be
January 17, 2011-February 17, 2011

Introductory Sessions:

**Everett and Carolyn Coolidge
Volunteer Conference Center**

January 10 – 7:00 p.m. / January 11 – 7:00 p.m.

YMCA

January 10 – 12:00 noon

Be there!

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Tisha Harrison (2013)
Gary Hubbard (2013)

John Freshour (2012)
Jeanna Hinkle (2012)

Pauline Adams (2011)
Fran Conover (2011)
Inge Horton (2011)

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Announcements



CHIP 2011 is about to begin! Make plans to get a “tune-up”. Here are some facts you need to know.

1. Remember that Dr. Diehl recommends at least three times through to program to “catch it all” – there is no reflection on poor performance or memory retention to return
2. Remember how many new friends you made and the encouragement it is to interact with folks who are fighting the same battles
3. **Note the new schedule:** M-Th the first week only. Then it will run only three nights/week: M, T, Th

4. Returning alumni are charged only \$50. That includes blood work and all the classes
5. **Invite your friends to come with you** – (if you need brochures, contact Peggy or Lynda)

You must attend an information session to register and make your heartscreen appointment

January Alumni

Date: Tuesday, 1/11/2011

Time: 6:30 pm

Chili cookoff

Winner receives Walmart Gift Card

